

AzPTA
ARIZONA PHYSICAL
THERAPY ASSOCIATION

4035 East Fanfol Drive
Phoenix, AZ 85028

www.APTAAz.org

Annual
Fall Conference **2006**

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Physical Therapy
Moving Your Patients to Better Health

* October 6-7, 2006

A R I Z O N A P H Y S I C A L T H E R A P Y A S S O C I A T I O N

AzPTA
Annual
Fall Conference

Physical Therapy
Moving Your Patients to Better Health

This exciting program will offer updates on current management approaches for Hand Rehabilitation, Knee Rehabilitation, Shoulder Rehabilitation, Linking quality treatment with reimbursement, Therapy in the acute care setting, Neural anatomy of Parkinson's, Emergency Medicine, Industrial Medicine, Future trends in physical therapy, Pain management, Burn-out solutions, Pediatric application of the Ill Step Conference, Children's rehab service, Orthotic management of the child with cerebral palsy, Spinal Manipulation: Physical Therapy. Chiropractic. Evidence, APTA and You plus yoga, scholarship auction, bowling, and more. Don't miss the interaction with your peers. In addition you can attend the Exhibit area and see what is new. The business meeting on Saturday will offer you an update on the changes in the Practice Act as well as current Arizona PT information and the announcement of the 2006 Physical Therapist/ Physical Therapist Assistant of the Year.

Early registration is encouraged.
Your registration will include the outstanding programming, full luncheons Friday and Saturday, continental breakfast and breaks each day, and up to 13.25 hours of continued competency credit hours.

Black Canyon Conference Center -- Phoenix, Arizona -- October 6-7, 2006



Arizona Physical Therapy Association

Physical Therapy Moving Your Patients to Better Health

October 6-7, 2006

Annual Fall Conference

Black Canyon Conference Center
Phoenix, Arizona

Full registration includes educational program, speaker abstract book, Friday and Saturday continental breakfast, buffet luncheon, and full refreshment breaks.

REGISTRATION FORM

For more information, contact the AzPTA at (602) 569-9101 or (800) 264-APTA. Register online at www.aptaaz.org.

PT PTA STUDENT PT STUDENT PTA OTHER Students please indicate school _____

NAME _____ APTA # _____

NAME FOR BADGE: _____

NAME OF FACILITY: _____

PREFERRED MAILING ADDRESS:

STREET _____ CITY _____ STATE _____ ZIP _____

DAYTIME PHONE _____ FAX _____ EMAIL: _____

Registration (please circle appropriate fee)

	Full Registration Friday and Saturday	One Day Friday or Saturday	After Sept. 22
PT Member	245.00	175.00	Add \$25.00
PT Non-Member	490.00	300.00	Add \$45.00
PTA Member	185.00	150.00	Add \$25.00
PTA Non-Member	350.00	200.00	Add \$30.00
Student Member	90.00	75.00	Add \$10.00
Student Non-Member	180.00	150.00	Add \$15.00
Life Member	90.00	75.00	Add \$10.00

On Site Registration: Add \$25.00 additional to late fee. Handouts can not be guaranteed.

Prospective Members joining APTA at meeting may register at member rate.

One Day Registration (either Friday or Saturday)

Full registration One day registration

Days attending: Friday Saturday

Payment

Check, purchase order, or charge card information must accompany this form. Make check payable to AzPTA.

Check enclosed # _____ Purchase Order # _____ or Charge my: Visa Mastercard Amex

Card Number _____ Exp. date _____

Name as it appears on the card _____

Cardholder's billing address Street _____

City _____ State _____ Zip _____

Hotel Information:

• Marriott Springhill Suites – Arrangements have been made for sleeping rooms at the Marriott Springhill Suites, 9425 N. Black Canyon Highway, Phoenix at the rate of \$84 through September 21st. Telephone number is (602) 943-0010.

• Marriott Town Place – offers suite with full kitchen plus full breakfast for at the rate of \$64.99 – (two bedroom suites are \$139.98) Telephone number is the same as above - (602) 943-0010

Cancellation policy: If you have prepaid and are unable to attend the conference, please request a refund in writing prior to September 27th.

Mail registration and check payable to:

AzPTA, 4035 East Fanfol Drive, Phoenix, AZ 85028

Please call 602-569-9101 or 800-264-APTA if you require special accommodations at this meeting.

FRIDAY - OCTOBER 6

TIME	Lecture Theatre I	Lecture Theatre II	Lecture Theatre III
7:30 - 8:15	REGISTRATION	REGISTRATION	REGISTRATION
8:15 - 12:00	Theme: Neuro anatomy: Differences in Various Disease Processes Moderator: Valerie Carter, PT, DPT, NCS	Theme: Current Concepts in Shoulder Rehabilitation Moderator: Todd S. Ellenbecker, PT, DPT, MS, SCS, OCS, CSCS	Theme: Future Trends in PT Moderator: Matthew Taylor, PT, PhD
8:15 - 9:00	Anatomy and Treatment Of Persons with Parkinson's Speaker: Becky Farley, PT, PhD	Theme: Surgical Concepts of Labral Repair and Stabilization of the Glenohumeral Joint. Speaker: Brian Shafer, MD	The Future of Physical Therapy . . . Now Speaker: Matthew Taylor, PT, PhD
9:00 - 9:45	Treatment & Precautions for Aging Patients With Spinal Cord Injury Speaker: Anne Hart, PT, Ph.D.	Theme: Rehabilitation Following Labral Repair And Anterior Stabilization Of The Glenohumeral Joint. Speaker: Todd S. Ellenbecker, PT, DPT, MS, SCS, OCS, CSCS	The Future of Physical Therapy . . . Now (continued) Speaker: Matthew Taylor, PT, PhD
<i>BREAK - Please visit our exhibitors</i>			
9:45 - 10:15	EXHIBIT BREAK		
10:15 - 12:00	The Healthy Aging Brain Speaker: Jennifer McDonagh, PT, PhD	Theme: The Relationship Of The Cervical and Thoracic Spine In Evaluation and Treatment of the Shoulder.	Pelvic Floor - Every Body Has One Speaker: Patti Gehman, PT, RYT
11:00 - 11:45	Reflex This: Reflex That: Using Reflexes To Down Regulate Dural Tension & Associated Pain Speaker: Leslie Howard, PT	Theme: Modification Of Traditional Weightlifting Exercise For Patients With Rotator Cuff And Capsulolabral Pathology Speaker: Jonathan Sum, PT, DPT, CSCS Speaker: Jake Bleacher, MS, PT, OCS, CSCS	Pelvic Floor - Every Body Has One (continued) Speaker: Patti Gehman, PT, RYT
11:45 - 12:00	Questions and Answers with the Panel	Questions and Answers with the Panel	Questions and Answers with the Panel
12:00 - 1:00	Lunch - Awards Ceremony		
1:00 - 3:00	Theme: Physical Therapy and Emergency Medicine Moderator: Lisa TenBarge, PT, DPT	Theme: Escaping from Limbo Land: Facilitating Care and Closure for the Injured Worker Moderator: Karen Lunda, PT, MS	Future Trends in PT Speaker: Matthew Taylor, PT, PhD
1:00 - 1:35	Starting a PT Program In The ED-What You Need To Know Speaker: Lisa TenBarge, PT, DPT	Theme: Functional Capacity Evaluations: Do You Really Need One? Moderator: Karen Lunda, PT, MS	Chronic Pain: Catching Up With The Science Speaker: Matthew Taylor, PT, PhD
1:35 - 2:10	Why Provide Emergency Department Physical Therapy. Supportive Evidence & Arguments Speaker: Michael Lebec, PT, PhD	Theme: Nurse Case Management: Navigating the Waters Speaker: Joan Larkin, RN, BSN, CCM, CDMS	Chronic Pain: Catching Up With the Science Speaker: Matthew Taylor, PT, PhD
2:10 - 2:45	The Evolution of Physical Therapist Utilization in the ED: 10 Years And 17,000+ Patient Consultations Speaker: Carleen E. Jogodka, PT, DPT, John Heick, PT, DPT	Theme: The Road to Vocational Rehabilitation: Who Gets On It and Who Doesn't? Speaker: Marcy Tigerman, M.S., CRC, CDMS, CCM, CLCP	Chronic Pain: Catching Up With the Science Speaker: Matthew Taylor, PT, PhD
2:45 - 3:00	Questions and Answers with the Panel	Questions and Answers with the Panel	Questions and Answers with the Panel
3:00 - 3:30	EXHIBIT BREAK		
3:30 - 5:30	Theme: Therapy In The Acute Care Setting: Identifying and Assessing The Role Of Exercise and Therapy Implications. Moderator: James Tompkins PT,DPT	Theme: The Thumb: Not Just Another Finger Moderator: Amy Davis, PT, DPT	Theme: Future Trends in PT Moderator: Matthew Taylor, PT, PhD
3:30 - 4:05	Components of Exercise and Fitness Testing Speaker: Tinna Traustadóttir, Ph.D. ATC, CSCS	Thumb Anatomy, Testing, And Diagnosis. Speaker: Amy Davis, PT, DPT	Spirituality In PT: Getting To The Heart Of the Matter Speaker: Jerry Gillon, PT, ATC, CSCS, OCS
4:05 - 4:40	The Association Between Exercise Capacity and All-Cause Mortality Speaker: Pamela Bosch, PT, Ph.D.	Osteoarthritis of the CMC Joint Speaker: Mark Ritter, OTR/L	Spirituality in PT: Getting To The Heart Of The Matter Speaker: Jerry Gillon, PT, ATC, CSCS, OCS
4:40 - 5:15	Identifying Exercise Parameters for the Medically Complex Patient Speaker: James Tompkins PT, DPT	Common Thumb Injuries and Treatment Considerations Speaker: Susan Grace, OTR/L, OTD, CHT	Spirituality in PT: Getting To The Heart Of The Matter Speaker: Jerry Gillon, PT, ATC, CSCS, OCS
5:15 - 5:30	Questions and Answers with the Panel	Questions and Answers with the Panel	Questions and Answers with the Panel

SATURDAY - OCTOBER 7

TIME	Lecture Theatre I	Lecture Theatre II	Lecture Theatre III	Lecture Theater IV
8:00 - 10:00	Theme: Burn-Out Solutions Moderator: Katie Sawert, PT, MA	Theme: Spasticity and contracture management: An orthotic perspective Moderators: Brett and Barb Boutin, CO, CO(c)	Future Trends in PT Speaker: Matthew Taylor, PT, PhD	Theme: Spinal Manipulation: Physical Therapy, Chiropractic, Evidence, APTA and You Moderator, Louie Puentedura, PT, DPT, OCS, FAAOMPT
8:00 - 8:35	Strategies for Recognition and Compassionate Self-Care Speaker: Katie Sawert, PT, MA	Biomechanics And Orthotic Management Of The Lower Extremity Speakers: Brett and Barb Boutin, CO, CO(c)	The Science of Personal Systems Inquiry: How Patient Expectations Shape Their Movement Speaker: Matthew Taylor, PT, PhD	What is Chiropractic? Speaker: Bill Kinsinger, MD
8:35 - 9:10	Our Favorite Chemicals (caffeine, alcohol, sugar) and the Stress Response Speaker: Katie Sawert, PT, MA	Management Of Upper Extremity Spasticity And Contracture - An Orthotics Perspective Speakers: Brett and Barb Boutin, CO, CO(c)	The Science Of Personal Systems Inquiry: How Patient Expectations Shape Their Movement Speaker: Matthew Taylor, PT, PhD	Achievements Through Legislation Instead Of Through Research Speaker: Bill Kinsinger, MD
9:10 - 9:45	Healthcare Serenity: Getting Clear About What We Can Change Speaker: Katie Sawert, PT, MA	Electrical Stimulation For Gait Training Speaker: Daniel Bonaroti, PT	The Science of Personal Systems Inquiry: How Patient Expectations Shape Their Movement Speaker: Matthew Taylor, PT, PhD	What Is Spinal Manipulation And How Does It Work? Speaker: Louie Puentedura, PT, DPT, OCS, FAAOMPT
9:45 - 10:00	Questions and Answers with the Panel	Questions and Answers with the Panel	Questions and Answers with the Panel	Questions and Answers
10:00 - 10:30	<i>Exhibit Break</i>			
10:30- 12:30	Theme: Knee Rehab Moderator: Melanie McDonald, PT	Theme: Pick Up Your Pace, Get In Shape With III Step. Implications For Pediatric Practice Moderator: Barbara Womack, PT, MA	Future Trends in PT Moderator: Matthew Taylor, PT, PhD	Theme: Spinal Manipulation: Physical Therapy, Chiropractic, Evidence, APTA and You Moderator, Louie Puentedura, PT, DPT, OCS, FAAOMPT
10:30 - 11:05	Why is Injury to the Meniscus and/or Hyaline Cartilage the Beginning Of the End For the Knee? Speaker: Jeffery Petersen, PT	Theme: Back to Basics: Driving Plasticity Through Environmental, Behavioral and Neural Mechanisms Speaker: Becky G. Farley, PhD, PT	Range of e-Motions: Supporting The Whole Patient Through Movement And Posture Speaker: Matthew Taylor, PT, PhD	The Evidence For Spinal Manipulation and Why PTs Should Be Providing It Speaker: Louie Puentedura, PT, DPT, OCS, FAAOMPT
11:05 - 11:40	Conservative and Surgical Interventions To Slow Down, Repair, Or Remove Degeneration Speaker: Michael Steingart, DO	Theme: What is the Pediatric Clinical Evidence Speaker: Carolyn B Heriza, PT, EdD, FAPTA	Range of e-Motions: Supporting The Whole Patient Through Movement And Posture Speaker: Matthew Taylor, PT, PhD	Manipulating The System Speaker: Michael Teston, PT, COMT
11:40 - 12:15	Rehab For Cartilage Injuries: Minimizing The Damage While Maximizing The Function Speaker: Melanie McDonald, PT	Theme: Bringing III STEP Back Home to Pediatric Clinical Practice Speaker: Barbara Womack, PT, MA	Range of e-Motions: Supporting The Whole Patient Through Movement And Posture Speaker: Matthew Taylor, PT, PhD	Manipulating The System Speaker: Michael Teston, PT, COMT
12:15 - 12:30	Questions and Answers with the Panel	Questions and Answers with the Panel	Questions and Answers with the Panel	Questions and Answers
12:30 - 2:30	<i>Luncheon and AzPTA Business Meeting:</i>		<i>Open to all</i>	
2:30 - 4:30	Theme: Are Your Clinical Linking Quality Treatment With Reimbursement Moderator: Tim Fearon, PT,FAAOMPT	Theme: Children's Rehab Services and the Community: Moderator: Tami Hirasawa, PT	Theme: Future Trends in PT Moderator: Matthew Taylor, PT, PhD	The Role of Pilates in Physical Therapy Moderator: Heather Chowaniec, PT, DPT, CSCS, CPI
2:30 - 3:05	Theme: Linking Quality Treatment With Reimbursement - Case Study Speakers: Tim Fearon, PT, Helene Fearon, PT	Theme: Improving Communication Between CRS And Community Therapists Speaker: Linda Stern, PT	Visulation and Guided Imagery in PT Speaker: Staffan Elgelid, PT, PhD, GCFP, LMT	The History of Pilates and the Current Applications Heather Chowaniec, PT, DPT, CSCS, CPI
3:05 - 3:40	Theme: Linking Quality Treatment With Speakers: Jay McCallum PT,OCS, Helene Fearon, PT	Theme: Decision Making In Pediatric Orthotics Speaker: Ron Whiteside, CO	Visulation and Guided Imagery in PT Speaker: Staffan Elgelid, PT, PhD, GCFP, LMT	Contrology and the 6 Basic Principles of Pilates Heather Chowaniec, PT, DPT, CSCS, CPI
3:40 - 4:15	Theme: Linking Quality Treatment With Reimbursement - Case Study Speakers: Mike O'Connor, PT, Helene Fearon, PT	Theme: CRS Questions With Answers Speaker: Tami Hirasawa, PT	Visulation and Guided Imagery in PT Speaker: Staffan Elgelid, PT, PhD, GCFP, LMT	Practical Session: Pilates-Based Exercises Speaker: Heather Chowaniec, PT, DPT, CSCS, CPI
4:15 - 4:30	Questions and Answers with the Panel	Questions and Answers with the Panel	Questions and Answers with the Panel	Questions and Answers with the Panel

SCHEDULE at a GLANCE

6

Thursday

- AzPTA Board Meeting 6:30 – 9:00 PM

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Friday

- Registration & Continental Breakfast 7:30 – 8:15 AM
- 3 Concurrent Session 8:15 – 12:00 AM
- Luncheon & Awards Ceremony 12:00 – 1:00 PM
- 3 Concurrent Sessions 1:00 – 5:00 PM
- Yoga with Maggie Hopson 5:30 – 6:30 PM
- Scholarship Bowling Tournament 7:00 – ??

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Saturday

- Registration & Continental Breakfast 7:30 – 8:00 AM
- 4 Concurrent Sessions 8:00 – 12:30 PM
- Lunch and AzPTA Business meeting 12:30 – 2:30 PM
- 4 Concurrent Sessions 1:30 – 3:00 PM
- Program adjourns 4:30 PM

Exhibits will be open Friday AM through Saturday at 3:30 PM
 CEU hours available: 7.25 hrs for Friday, 6 hrs for Saturday,
 total of 13.25 contact hours, 1.325 CEUs

Session Moderators

Brett and Barb Boutin, CO
 Valerie Carter, PT, DPT, NCS
 Heather Chowaniac, PT, DPT, CSCS, CPI
 Amy Davis, PT, DPT
 Todd S. Ellenbecker, PT, DPT, MS, SCS, OCS, CSCS
 Tim Fearon, PT, FAAOMPT
 Taml Hirasawa, PT
 Karen Lunda, PT, MS

Melanie McDonald, PT
 Louie Puentedura, PT, DPT, OCS, FAAOMPT
 Katie Sawert, PT, MA
 Matthew Taylor, PT, Ph.D.
 Lisa TenBarge, PT, DPT
 James Tompkins, PT, DPT
 Barbara Womack, PT, MA

✦ In addition to the excellent programming throughout the conference, Saturday will have a fourth tract featuring 3 unique speakers. Michael Teston will speak about the lawsuit brought against him by the Arkansas Chiropractic Association as well as the potential effects of this lawsuit on the future of P. T. Dr. Kinsinger will speak on the current research on chiropractic with benefits and risks. Our own Louie Puentedura will speak on current evidence on the use of spinal manipulation. (Please note: no cell phones or pagers during sessions.)

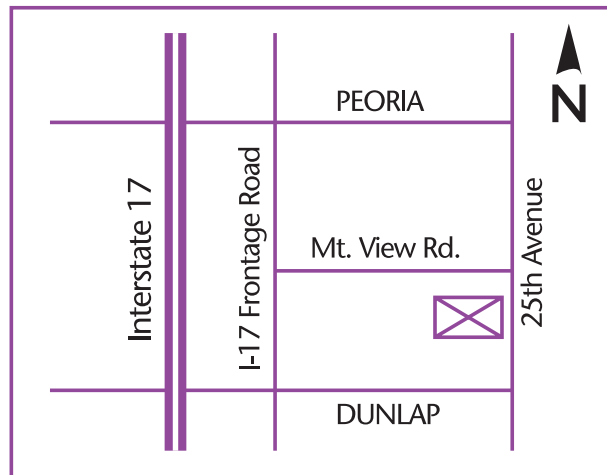
AzPTA

ARIZONA PHYSICAL
THERAPY ASSOCIATION



Physical Therapy Moving Your Patients to Better Health

Annual Fall Conference October 6-7, 2006



Black Canyon Conference Center

All meetings will be held at
the Black Canyon Conference Center
9440 North 25th Ave., Phoenix, AZ 85021

MORE INFORMATION

Hotel Information (both hotels back up to the Conference Center)

- **SpringHill Suites by Marriott**

9425 N. Black Canyon, Phoenix – Arrangements have been made for sleeping rooms at the Marriott SpringHill Suites at a rate of \$84 per night. Hotel amenities include studio-style suites with mini-fridge and microwave, work desk and free high speed internet plus complimentary breakfast buffet. Call (602) 943-0010 for reservations. Rate is only guaranteed through September 21. Reservations made after this date are not eligible for negotiated rate

- **Marriott Town Place**

Offers suite with full kitchen plus full breakfast for at the rate of \$64.99 – (two bedroom suites are \$139.98) Telephone number is the same as above - (602) 943-0010

- When you make your reservations, be sure to mention that you are with the block reserved by

the Arizona Physical Therapy Association to receive the above rates.

- **Annual Silent Auction** to Benefit the AzPTA Scholarship Fund Silent Auction items will be displayed with bidding Friday and Saturday. Winning bids will be announced at Saturday's luncheon.

- **Annual Food Drive** – AzPTA annual food drive will be held to help the hungry. Please bring a non-perishable food item. Collection boxes will be in lobby.

- **CEU hours available:** 7.25 hours for Friday, 6 hours for Saturday, total of 13.25 contact hours, 1.325 CEUs

- **Conference Committee:**

Kay Wing, PT, DPT, Chair
Sue Hooley, PT
Lisa TenBarge, PT, DPT

For more information, contact the AzPTA at (602) 569-9101 or (800) 264-APTA. Register online at www.aptaz.org.